

Victor Ben Eke

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Summary of Qualifications

- Bachelor of Arts student, Communication and digital journalism major
- Radio Broadcast volunteer with CBC Radio
- Online Journalism experience with interviewing, writing and website publishing.
- 4 years of customer service experience in restaurant and hospitality sector
- Social Media content creation experience using platforms such as Tik ToK, Instagram, and LinkedIn
- Proficient in all MS Office Programs (PowerPoint, Word, Excel) with a good knowledge of social media technology (LinkedIn, Instagram)

Education

Thompson Rivers University

Kamloops, BC

Columbia College

Vancouver, BC

Bachelor of Arts Communications Student

2022 – Present

Selected coursework: Research Methodology, Proposal Writing, Technical Writing, Mass Communications

- Project Example 1: conducted interview of participants of a boxing event, taking audio and visual recording of the event, transcription of audio recording, and publishing event report to the TRU Website.
- Project Example 2: worked on several research projects demonstrating competency in critical thinking and understanding.
- Project Example 3: Worked with a team of 3 peers on a Photo-Elicitation Interview effectively demonstrating communication strategies and techniques.
- Project Example 4: worked on creation of designs using Canva.

Professional Experience

Volunteer | CBC Radio

Kamloops, BC

September 2023 – August 2024

- Conducted interview on several events occurring in the TRU school environment, and outside of school environment for the radio publication.
- Transcription of audio recording interview of the event covered and getting it ready for radio broadcasting.

Volunteer | World Financial Group

Kamloops, BC

January 2023- present

- Educate clients on financial concepts and strategies to help them achieve their financial goals and secure their financial future.
- Organize and lead financial education workshops and seminars to promote financial literacy within the community
- Mentor and train new agents on financial products, sales techniques, and compliance requirements
- Develop and maintain long-term relationships with clients through regular communication and personalized service.

- Developed marketing strategies to promote financial planning services and attract new clients.

Social Media Manager | Mashia braids

Vancouver, BC

June 2020 – October 2023

- Develop and execute engaging content strategies.
- Foster a positive online community and engage with followers.
- Monitor metrics and analytics for data driven decision making.
- Represent brand voice, values, and stay updated on industry trends.

Kamloops, BC

Security | Central Pub

April 2024-present

- Monitor premises for signs of disturbances, ensuring a safe and secure environment for guests and staff.
- Patrol the interior and exterior of the bar to deter potential incidents and respond to emergency situations promptly.
- Conduct ID checks, ensuring all patrons are of legal drinking age and abiding by bar policies.
- Assist with managing large crowds during peak hours and events, ensuring compliance with house rules and local regulations.
- Collaborate with bar management to handle conflict resolution, de-escalating tense situations to maintain a positive atmosphere.
- Document and report any incidents or suspicious activities, maintaining accurate logs for record-keeping.

Feb 2023- September 2023

Dish washer and chef | Earls

- Operated industrial dishwashing equipment to clean and sanitize dishes, utensils, and kitchen equipment.
- Maintained cleanliness in the dishwashing area and ensured compliance with hygiene and safety standards.
- Collaborated with kitchen staff to facilitate smooth workflow and meet operational needs.
- Executed menu items with precision, focusing on taste, presentation, and adherence to recipe standards.
- Collaborated with kitchen team to streamline workflow, manage inventory, and ensure timely preparation of dishes.
- Maintained a clean and organized kitchen, adhering to food safety and sanitation standards.

Housekeeping Assistant |Moda Hotel, Vancouver, BC

August 2021-December 2022

- Swept, mopped, washed, and polished floors to maintain a welcoming and well-maintained appearance.
- Cleaned, disinfected, and polished kitchen and bathroom fixtures and appliances, adhering to cleanliness standards.
- Managed weight handling tasks, lifting up to 23 kg (50 lbs) when handling stock and supplies.
- Collaborated with team members in a fast-paced environment to ensure efficient completion of tasks.
- Upheld a high level of reliability, consistently meeting deadlines and exceeding cleanliness expectations.

Health care aid| classic lifecare Vancouver, BC

December 2020- September 2023

- Worked with participants that had intellectual disability, Autism spectrum disorder, Tourette, physical disability, diabetes and mental health conditions.
- Assist participants with personal care and medication administration.
- Assist clients with transportation to appointments and other events (supporting clients in the community)
- Support participants with covid and make sure they can carry on with needed activities.
- Communicating with other healthcare professionals involved in the care of the participants. (Pharmacists for medication pickups and after-hours doctors when needed)
- Assist participants with doing the shopping and help them make healthier decisions during shopping.
- Daily writing of progress notes and incident reports if needed.
- Working with other social and health care professionals to provide support plans and individual care.
- Take responsibility for the health and safety in keeping participants environment safe and clean.

Ware house Associate | Target personel, Vancouver, BC

August 2020-December 2022

- Received, inspected, and stored incoming shipments of goods.
- Picked and packed orders accurately and efficiently according to customer specifications
- Loaded and unloaded trucks using forklifts and pallet jacks, ensuring proper handling of fragile items.
- Conducted regular inventory counts and reconciled discrepancies.
- Maintained a clean and organized work area, always adhering to safety standards.
- Collaborated with team members to meet daily production goals and deadlines.

PERSONAL SKILLS:

- Ability to learn fast.
- Integrity and Honesty
- Ability to work under pressure.
- Good interpersonal skills
- Computer literate
- Accountability
- Emotional intelligence
- Written skills.
- Good communication skills

